

What to Bring for Admission to Residential Services

Items not allowed will be confiscated and will NOT be returned

You may NOT bring the following: cell phone, pager, television, stereo, computer device or any device that has recording capability. No food or beverage may be brought in. Absolutely no weapons, including pocket knives, are allowed. You may bring a cell phone, television or stereo only if you are admitting to the Transitional Living program.

All valuables should be left at home or with someone you trust. 12 & 12 is not responsible for lost or stolen items.

If you forget items or want additional items brought to you, family or friends may bring them to the front desk. All packages will be searched for contraband.

You should bring no more than seven changes of clothing (casual wear is fine). Halter tops, tank tops, muscle shirts, mini skirts, short shorts, and tight pants are NOT allowed. Midriffs should be covered at all times. If you choose to wear low rise trousers, all body parts must be covered when standing or sitting.

You should bring all hygiene items such as shampoo, conditioner, soap, razor, toothbrush, toothpaste, make-up, etc. Items that contain alcohol will not be permitted.

You should bring your own towels, washcloths and linens. If desired, you may bring your own pillow.

You are responsible for doing your own laundry. Washers and dryers are available for a fee.

You may bring the following: alarm clock radio, CD or walkman (but only if it has a headphone), notebook paper and pens and pencils to write letters. If desired, you may bring books, magazines and crossword puzzles as long they are appropriate.

You will have access to pay phones in Residential and Dual treatment only; however, phone privileges are not given until after the first full week of Residential Treatment. If you are a Transitional Living client, you may bring your own cell phone.

The only money needed will be for use in washers and dryers, pay phones or vending machines. You may purchase a calling card before admission to use in pay phones.

You need to bring all prescribed medications with you. Their use must be approved by 12 & 12's doctor. If you bring a medication that is not permitted, it will be confiscated. You may have someone pick this up from the facility; otherwise, it will be destroyed.

Visitation is every Sunday between 1 p.m. and 5 p.m. Anyone is welcome to attend, however all visitors must be placed on the visitation list and approved by the counselor by 3 pm on Friday prior to visitation orientation on Sunday. Visitor orientation is mandatory for all people approved to visit the client. Orientation for visitors is held from 12:30-1:00pm on Sundays only. During visitation on Sundays from 1 pm-5 pm, there will be a sign-up sheet for visitors & clients who are interested in attending Family/Client Education Group. The Family/Client Education Group meets every Tuesday and Thursday from 6:30pm-8:00pm. This group is not mandatory; therefore, participants can attend one group or both groups during the week, it is optional.